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Some Reckless Abandon **On the Fringe**

JEFF HOSOKAWA/METRO VANCOUVER

Cara Yeates performs a scene from her one-woman show Some Reckless Abandon on Granville Island yesterday. The show is one of 68 productions in the 25th annual Vancouver International Fringe Festival, which begins today. Story, page 3.

B.C. watchdog finds 77 cops crossed line in '09

Officers faced discipline or corrective measures: Complaints report

FERNANDO CARNEIRO
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A police officer's attempt to cover up a breastfeeding infant, too much sarcasm and trying to gain preferential treatment during a traffic stop were among the 77 substantiated allegations of police being bad in B.C. this year.

British Columbia's police complaint commissioner issued a report yesterday into 569 allegations of police misconduct between Jan. 1 and Aug. 31, 2009.

Of those, the commissioner found that 273 complaints were not substantiated. Some others were withdrawn, mediated or informally resolved. This left 77 cases where police were disciplined or corrective measures were taken.

The report aims to ensure that public confidence in police is maintained, according to Bruce Brown, deputy police complaint commissioner.

Police misconducts can lead to verbal reprimands, a reduction in rank and even dismissal.

However, an officer who "spoke to the victim of an alleged sexual assault in an oppressive and inappropriate manner" avoided discipline after being transferred to another department before the investigation ended.

Another quit the force after being accused of sexual assault. While the investigation found neglect of duty and deceit, the officer was not criminally charged.

The officer who used "a blanket or a newspaper" to cover a breastfeeding baby was given advice on how to better handle nursing mothers.

Acting sarcastic resulted in "managerial direction" for another cop.

An officer who twice attempted to use his or her position to "gain preferential treatment during a traffic stop" was given a written reprimand, asked to submit two written apologies and made to undertake counselling before being allowed to return to work.

The report does not identify the investigated officers.

U.S. politico caught with live mic

POLITICS A Republican state lawmaker from Southern California has resigned after he was caught on tape bragging about his penchant for spanking and of having sex with female lobbyists.

Assemblyman Mike Duvall said yesterday in a statement that his comments were inappropriate and have become "a major distraction."

Duvall says it would not be fair to his family, constituents or friends to remain in office.

The 54-year-old lawmaker, whose is married with two adult children, made the comments to another lawmaker during a break in a committee hearing that was caught on a live microphone.

In a recording broadcast by KCAL-TV in Los Angeles, Duvall talks about a recent sexual escapade with a woman he says is 18 years younger than him.

"I like spanking her," he is heard to say on the videotape. "She goes, 'I know you like spanking me.' I said, 'Yeah, that's cause you're such a bad girl.' "

He then brags about an affair he is having with another lobbyist.

THE CANADIAN PRESS

Rating

- Duvall received a 100 per cent rating from a conservative advocacy group, for his votes on legislation considered pro-family during the 2007-08 legislative session.

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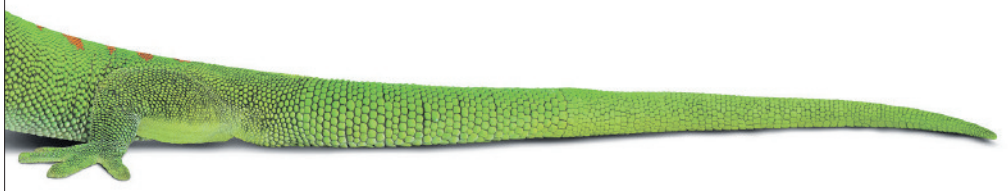

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Local

Mercer to kick off fundraiser

Comedian Rick Mercer, left, will be at Simon Fraser University's Burnaby campus today, where he'll place his arm in a glass box filled with mosquitoes to kick off the Spread the Net fundraiser. Now in its third year, Spread the Net provides insecticide-treated bed nets for children in Africa. METRO VANCOUVER

METRO INTERNATIONAL NEWSPAPER OF THE YEAR 2009 Festival of Media Awards

News in brief

NURSING The province is providing $4.5 million for a new three-year bachelor of science in nursing at the University of the Fraser Valley. The condensed program is meant to address the nursing shortage.

ARREST Transit police found that a woman who lied about her identity while conducting fare checks at Gateway Station was trying to protect the man she was with. An investigation revealed he had been ordered by the courts not to be in contact with her. The man was arrested and held in custody.

PRIZE HOME A Langley resident has won the 75th PNE Prize Home. Maureen McKinney was not able to pick up the keys to her new 3,000-square-foot home because she is vacationing in Greece.

FIRE Two males, aged 17 and 20, have been arrested by Delta police after an empty house was set on fire.

THEFT Thieves broke into the Selini Jewelry store at Oakridge Centre yesterday morning. They broke jewelry and fled with an undetermined amount of goods to a vehicle waiting outside.

READING Aboriginal students who speak a non-standard English dialect improved their reading skills significantly after receiving funding from the B.C. government, according to an SFU study released yesterday. METRO NEWS SERVICES

metronews.ca

WHAT'S ONLINE TODAY

Video A new poll finds Michael Ignatieff's election sabre-rattling has put a dent in his popularity at **metronews.ca/canada**

Video Gov. Gen. Michaëlle Jean wraps up a secret two-day visit to Afghanistan, vows the war is not a "lost cause" at **metronews.ca/canada**

Lotteries

Lotto 6/49	3, 6, 17, 27, 28 and 44 Bonus 43
BC 49	6, 14, 16, 27, 41 & 46 Bonus 49
Extra	4, 5, 44, 88

These results are not official.

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JEFF HODSON/METRO VANCOUVER

Jacques Lalonde, at Granville Island yesterday with Ned the Sore-Toothed Dragon, is performing in his 23rd consecutive Vancouver International Fringe Festival.

Lots to see at Fringe

Jam-packed theatre festival begins today

JEFF HODSON
jeff.hodson@metronews.ca

Theatre fans at the 25th annual Vancouver International Fringe Festival may want to wear runners if they want to catch multiple shows in an evening.

"There is always something on," said David Jordan, executive director of the Fringe Festival.

"If you are doing it properly, you should be running at some point."

The festival begins today and runs until Sept. 20. It features 68 productions in 471 performances spread over 11 days. One of the shows will be held in a camper van, another will be held in a room at the Waldorf (seating for 14).

Shows are generally short (75 minutes maximum) and allow spectators to see two to three shows a night.

Part of the joy, said Jordan, is the off-peak slots and the "different energy" of seeing a show at midnight.

Performer Jacques Lalonde, who is appearing for a 23rd consecutive year at Fringe, said the artistic energy is "unmatched."

"In this city — right now, in apartments, community centres, garages, backyards, parking lots — people are rehearsing plays," said Lalonde, who is performing a free all-ages show called Return to Dragonland.

"They're making posters. They're making flyers. They are begging, borrowing, stealing props ... they call it theatre for everyone and it really is."

Online

- For a list of performance times and tickets, visit vancouverfringe.com.

m.metronews.ca

Scan this barcode for more Local news on your smartphone.
Learn how to scan the barcode on pg 3

Park stripper sought by police

SEARCH A man who stripped down and stood naked on a jogging path in front of a woman walking her dog is being sought by Delta police.

The woman said she was walking her dog at Watershed Park when a man jogged past her wearing blue jeans and a T-shirt. She later saw the same man naked in the middle of the trail. He did not speak to her or approach her.

She yelled at him and headed out of the park. A police search of the area failed to find the suspect and they received no similar calls. METRO VANCOUVER

Victoria Drug bust

DEDDEDA STEMLER/THE CANADIAN PRESS

RCMP Cpl. Darren Lagan, in Victoria yesterday, showcases cocaine, steroids, ecstasy tablets, cash and a handgun seized from a major drug bust on southern Vancouver Island. Eight people were arrested and three others are being sought.

UBC offering hostel to commuter students

CAMPUS UBC commuter students tired after a long day of classes and facing the prospect of an early start the next day will soon be able to spend the night at school.

The University of B.C. is offering rooms for $30 per night — Sunday to Thursday only — at the Walter Gage Residence on the Vancouver campus.

Beginning Sept. 21, single-gender units will be available — they're made up of eight private rooms that share a lounge, kitchenette and two bathrooms.

Janice Robinson, director of residence life in Vancouver, said the hostel opened last fall to little fanfare and the pilot was a great success.

"Students may have a late-night study group, an early-morning test or want to participate in club activities organized in the evening," Robinson said. "With this hostel, they're able to get up refreshed and start their day on campus."

More than half of the students stay at the hostel because of early-morning academic commitments, Robinson added, with the rest involved in evening events or courses. METRO VANCOUVER

Exam season

- During exam season, the hostel is available on Friday nights to accommodate Saturday morning exams. Students must book before 5 p.m., and can stay a maximum of two nights per week.

Premier defends budget cuts as outrage spreads

FUNDING The heat is being turned up on the B.C. government as the reality of its latest budget cuts begin to trickle down to the public.

Premier Gordon Campbell admits his popularity isn't exactly soaring right now, but he says the funding cuts are the right decision for the province to help the economy outperform other provinces down the road.

Some school boards are considering lawsuits after the government cut maintenance budgets, funding has been scaled back for parent advisory councils and school sports funding has also been chopped — by a government that once wanted to lead the way in healthy living.

Campbell says he knows these cuts aren't easy for groups, but adds it's also not easy for the government to find savings.

The premier points out the government is adding hundreds of millions of dollars to the health-care budget and more than $80 million to education.

The government's revised budget released last week included a $2.8-billion deficit and funding cuts to most ministries and many government programs. THE CANADIAN PRESS

Fears of grizzly population collapse unfounded: Expert

WILDLIFE A grizzly bear expert says claims that B.C.'s grizzly population is in danger of collapsing because of declining salmon runs are alarmist.

Sterling Miller, a University of Idaho professor, says evidence put forward by a group of B.C. conservationists is anecdotal at best.

Miller, who studied salmon-eating grizzlies in Alaska for 21 years, says the animals are good at seeking alternate food sources.

He adds that it's possible fewer fish may lead to fewer grizzly cubs being born, but it will take years to see the impact of current low salmon runs.

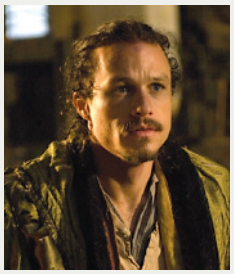
A group called Pacific Wild is calling for the closure of chum salmon and other fisheries and a cancellation of the fall grizzly bear hunt due to what it says are declining numbers of the bears. THE CANADIAN PRESS

Local designs VIFF poster
This year's Vancouver International Film Festival poster was designed by local artist Alex McLeod, whose work festival organizers saw on Kanye West's blog. METRO VANCOUVER

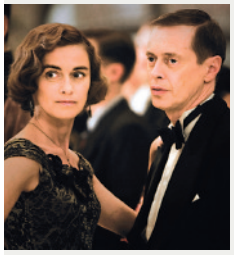
Singled out

• Festival Director Alan Franey prefaces his annual list of highlights by saying, "It's unfair to single out individual films." Having said that, here are some of the special presentations:

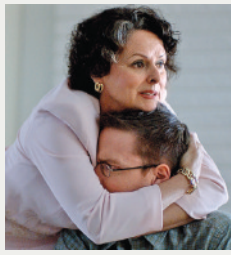
Chloe, directed by Atom Egoyan, is about a doctor who hires an escort to seduce her unfaithful husband.


The Imaginarium of Doctor Parnassus, directed by Terry Gilliam, and staring Johnny Depp and Health Ledger. This was Ledger's final film.

The White Ribbon, directed by Austrian filmmaker Michael Haneke. The film won the Palme d'Or at the Cannes Film Festival.


John Rabe is the award-winning true-account of a German businessman who saved more than 200,000 Chinese during the Naijing massacre.

The closing gala film is the Corsica-set Queen To Play, directed by and starring Caroline Bottaro. Kevin Kline also stars.


B.C. director Bruce Sweeney's darkly comic Excited, a film about premature ejaculation, opens the Canadian Images program.

SUBMITTED PHOTO
A Shine Of Rainbows, directed by Vancouver's Vic Sarin, opens up this year's VIFF.

Shiny VIFF opening

JEFF HODSON
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Vancouver director Vic Sarin's A Shine Of Rainbows will open the 2009 Vancouver International Film Festival, organizers of the annual event announced yesterday.

"Christmas just came a little early for me," said Sarin, who has lived in Vancouver for the past 15 years.

"To me it is so wonderful to have a film open in your own hometown. You can't get any better than that … it's absolutely the best gift you could ever have."

A Shine Of Rainbows, a Canadian-Irish film about an orphan who is taken to Corrie Island off Ireland's west coast, will open VIFF with a gala screening on Oct. 1. The festival itself runs until Oct. 16.

This year, VIFF features 640 screenings of 375 films from 70 countries.

Festival Director Alan Franey, who has seen about a third of the films, said the lineup is probably the best in the festival's history, despite the troubled economic times.

VIFF did not receive $70,000 in provincial gaming grants that it had banked on this spring.

Online

• A full list of films will be available on Saturday on the festival's website, viff.org.

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Invasive plant project to create short-term jobs

The B.C. government has invested $1.5 million in a provincewide project to remove invasive plant species. The project will also create between 50 to 100 short-term jobs for unemployed resource workers. METRO VANCOUVER

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4 rescued in border-area wilderness

Mounties helped rescue two men, a woman and a five-year-old child lost in the wilderness during what police believe was an attempt to illegally enter the United States through B.C.

RCMP received a cellphone call on Sunday reporting a group of Mexican nationals in distress on a mountain in the Washington state-B.C. border.

An off duty Spanish-speaking RCMP officer who was in the Keremeos, B.C. area helped contact the group but was able to obtain only limited details of their whereabouts.

A ground and air search of the border region was conducted and the four were located early in the afternoon the following day in a remote and mountainous area in Washington state.

They were medically assessed by U.S. authorities and interviewed.

RCMP Cpl. Dan Moskaluk said the group is believed to have been attempting to illegally enter the U.S.

"Given the time of year and terrain that they were found in, the group certainly put themselves at risk considering that they were not clothed nor equipped for an extended stay in the wilderness," Moskaluk said.

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Taylor to advise top law firm

POSITION Former B.C. finance minister Carole Taylor has landed a plum position with Borden Ladner Gervais — Canada's largest law firm.

Taylor is not a lawyer but will be based in Vancouver handling regional and national clients as the firm's senior adviser on public policy, corporate governance, economic and trade matters.

Carole Taylor

The 64-year-old currently chairs the Economic Advisory Council for the federal government.

Taylor, a former CTV and CBC reporter and host, has served in several high-profile posts, including four years as chair of CBC/Radio-Canada.

She stepped down in 2005 to serve one term as an MLA in Gordon Campbell's Liberal government but left her post as finance minister, resigning from provincial politics last December.

THE CANADIAN PRESS

News in brief

BIKE DEATH A 49-year-old cyclist is dead after being hit by a truck in Whistler. The man died in hospital after Tuesday night's collision.

PUB LICENCE Intoxicated patrons, fights, public urination and people being allowed to leave with beer bottles were seen during a joint RCMP and LCLB investigation into Richmond's Buck and Ear Pub. The bar was fined $5,000 and its liquor licence will be temporarily suspended.

SFU GRANT Simon Fraser University researchers have been given a grant to study teens and young adults with Fetal Alcohol Spectrum Disorder in the justice system. The study will aim to shed light on their risks and needs relative to other young offenders.

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Quebec minister steps down following allegations

A cabinet minister in Jean Charest's provincial government has resigned following conflict-of-interest allegations, news reports said yesterday. Labour Minister David Whissell is set to announce his decision to step down, said the reports from LCN and Radio-Canada television networks. THE CANADIAN PRESS

Canada

Jean wraps up Afghan tour

Gov.-Gen. Michaëlle Jean has wrapped up a two-day whirlwind tour of Afghanistan, where she's encouraging Canadian soldiers to stay the course in helping better the lives of the Afghan people. Jean, honorary commander-in-chief of the Canadian Forces, says she's saddened that there is any debate at all over whether Canada should be helping the country's less fortunate. She says the suggestion that it's a "lost cause" hurts her deeply. THE CANADIAN PRESS

Drunk driver gets life in jail

Quebec man spared dangerous offender status after 19th conviction

It's not the sentence they were looking for, but Crown prosecutors say a legal precedent was still set yesterday.

A Canadian court has, for the first time ever, sentenced a drunk driver to life in prison, said Crown lawyer Joey Dubois.

Roger Walsh, 57, was handed the ruling in a courtroom west of Montreal. He pleaded guilty to mowing down a wheelchair-bound woman last year after a night of binge drinking.

It was his 19th drunk-driving conviction.

Quebec court judge Michel Mercier declared the man incorrigible and said he would be likely to reoffend.

But he did not hand prosecutors the legal prize they were hoping for: dangerous offender status for Walsh.

The Crown had been seeking to make Walsh the first Canadian subjected to that designation for drunk driving.

The judge concluded that the designation — which has been reserved for the worst criminals, like murderers and serial rapists — did not apply here. THE CANADIAN PRESS

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RYAN REMIORZ/THE CANADIAN PRESS

Sara Khudaverian holds a photo of her late daughter, Anee, yesterday in Valleyfield, Que. Roger Walsh was condemned to life in prison in the case where he drove over and killed Anee.

Iggy's popularity wanes: Poll

POLITICS A new poll suggests Canadians think Michael Ignatieff is wrong to try to force an election this fall and the Liberal leader's popularity has nosedived as a result.

The Canadian Press Harris-Decima survey also suggests Liberal fortunes have dipped, with the Conservatives taking a slight lead nationally — 34 per cent to 31.

The NDP was at 15 per cent, the Greens at 10, and the Bloc Quebecois at eight.

According to the poll, respondents with a negative impression of Ignatieff jumped 15 points from March, to 41 per cent.

Thirty-nine per cent had a favourable impression, down six points.

Stephen Harper isn't doing much better — impressions of the prime minister remained virtually unchanged with 44 per cent having a favourable opinion and 45 per cent having an unfavourable opinion. THE CANADIAN PRESS

Numbers

- The poll of just over 2,000 Canadians was conducted Aug. 27 to Sept. 6 and is considered accurate to within 2.2 percentage points 19 times in 20.

News in brief

FOOD PRICES Canadian shoppers should expect to pay more at supermarket cash registers this fall as food prices keep ticking higher despite a weak economy, according to industry watchers. THE CANADIAN PRESS

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Elephants perish in Kenya
Conservationists say more than 100 of Kenya's famous elephants have died in the country's north this year through poaching or drought-related hunger. THE ASSOCIATED PRESS

World

Concern mounts over Iran's nuclear capacity

The United States warned yesterday Iran is close to having the capabilities to produce a nuclear weapon and urged Tehran to join in fresh talks with key allies about its disputed intentions.

Glyn Davies, Washington's chief envoy to the International Atomic Energy Agency, said the latest report by the nuclear watchdog shows that Tehran is either very near or already in possession of sufficient low-enriched uranium to produce one nuclear weapon, if the decision were made to further enrich it to weapons-grade.

"This ongoing enrichment activity … moves Iran closer to a dangerous and destabilizing possible breakout capacity," Davies told the agency's 35-nation board of governors.

"Taken in connection with Iran's refusal to engage with the IAEA regarding its past nuclear warhead-related work, we have serious concerns that Iran is deliberately attempting, at a minimum, to preserve a nuclear weapons option," Davies said.

The latest agency report describes how Iran now has, at a minimum, 1,430 kilograms (3,153 pounds) of low-enriched uranium hexafluoride, he added.

Iran insists its program is peaceful and aimed at generating electricity. But the United States and important allies contend it is covertly trying to build a bomb.

President Barack Obama and European allies have given Iran until the end of September to take up an offer of nuclear talks with six world powers and trade incentives should it suspend uranium enrichment activities. If not, Iran could face harsher punitive sanctions.

In Tehran yesterday, Iranian Foreign Minister Manouchehr Mottaki handed his country's proposals for new talks to the ambassadors of Britain, France, China, Russia and Germany — and the Swiss ambassador, representing U.S. interests. Details were not immediately known. THE ASSOCIATED PRESS

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Zealot hijacks jet in Cancun

PLANE A Bolivian religious fanatic briefly hijacked a jetliner from the beach resort of Cancun as it landed in Mexico City yesterday, police said. All passengers and the crew were released unharmed.

The Bible-carrying hijacker used a juice can he said was a bomb to hold the 103 passengers and crew on the tarmac for more than an hour. Masked police stormed the aircraft with their guns drawn and escorted several handcuffed men away without firing a shot. Police later said there was only one hijacker.

Jose Flores, 44, told investigators he hijacked Aeromexico Flight 576 after a divine revelation, according to Public Safety Secretary Genaro Garcia Luna. Flores said yesterday's date — 9-9-09 — is the satanic number 666 turned upside down.

Flores, speaking to reporters after he was detained smiled and said "Christ is coming soon." THE ASSOCIATED PRESS

HO/THE ASSOCIATED PRESS

A September 9 photo released by the Las Vegas News Bureau shows wax figures of Justin Timberlake and Jennifer Lopez witnessing the marriage of Lisa Striano and Tony Thompson, who exchanged vows at Madame Tussauds in Las Vegas.

Couples bank on quirky date

Two years after Las Vegas chapels hit the wedding date jackpot with lucky sevens, it's all eyes on the nines for 9-9-09.

Wedding officials in Sin City and elsewhere staged a marathon set of nuptials and vow renewals on Wednesday during what was anticipated to be of the busiest days of the year — the quirky date of Sept. 9, 2009, or 9-9-09.

The New York City Clerk's office said 200 couples had wed by midday at its refurbished marriage bureau — about four times the Wednesday average. Nine couples in Hollywood spent 99 cents each to get married at a 99 Cents Only store on Sunset Boulevard.

Jessica Skrutvold of Las Vegas said she and her husband-to-be Chad Lyons were expecting nine guests for their 9 p.m. wedding, which coincidentally celebrates her favourite number.

"The easiest day for my poor memory to remember was 9-9-09, and we've been doing everything last-minute ever since," said the 31-year-old. THE ASSOCIATED PRESS

News in brief

MOGADISHU A Somali Islamic court hacked a hand each from two screaming men accused of theft and lashed another accused of rape yesterday, officials and a witness said, the latest in a series of harsh punishments that have elicited both admiration and revulsion from the war-weary population. A witness said two masked men carried out the amputations immediately after Sheik Abdibasit Mohamed, an Islamic judge in northern Mogadishu, pronounced the sentence in front of a crowd of around a hundred. THE ASSOCIATED PRESS

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Comment

Take time to know thy neighbour

I didn't know Dianne Trottier. She and I lived in the same building. I would see Dianne in the lobby. In the elevator. Out and about running errands or walking her dog. The most that we ever exchanged were nods of familiarity and the occasional guarded smile.

Dianne was killed Aug. 30 in Fredericton, the victim of a hit-and-run. And it's only in death that I'm finally getting to know my neighbour.

Dianne was not much older than me. She worked first as a writer, then as a producer for CBC News. She was a star player in the Toronto Power Wheelchair Hockey League. She did not allow her disability to limit or define her. She loved to cook. She was, by all accounts, well-liked, funny and fearless. Dianne Trottier was small but mighty.

I didn't know any of these things about Dianne.

I didn't even know her name because I never bothered to ask.

Had I only known that the woman with whom I frequently shared an elevator was a journalist, blessed with a razor-sharp wit. Had I only known that she was stupefyingly brave and outspoken. I'd often wondered about the accessibility ramp in my local grocery store and it's only now I'm learning that Dianne was the person who placed the calls to make it happen.

Learning about this amazing woman now, after the chance has passed for me to get to know her, fills me with a combination of guilt, shame and regret.

When I was a kid, we knew just about everyone on our street. We'd play ball hockey and jump rope on each other's driveways. The adults would share backyard produce, chat over fences and shout greetings across the street. Then we moved to a new street. My parents have lived there for more than 15 years and I still don't know the names of our next-door neighbours on one side. Not an uncommon occurrence in major cities.

It's even worse in apartment and condo buildings, these people-hives that often lack common areas or senses of community.

We've become so guarded. In this age of guerrilla sales pitches and religious solicitors, friendly chit-chat is frequently met with suspicion. Being in an elevator with other people is a study in awkwardness. It seems so much easier to just keep to ourselves.

Good fences make good neighbours, true, but we've built up brick walls.

Sofi Papamarko is a 20-something writer based in Toronto. Her heroes include Desmond Morris and Nancy Sinatra.

Views

Expand high-tech strategy for women

Canada's high-tech sector is one of the engines of economic growth. Observers recently celebrated the increased enrolments in engineering and related technologies reported by Stats Canada. But the picture is not entirely rosy — the number of females enrolled in these disciplines has actually declined since 2002. Enrolment in mathematics, computer science and information sciences have fallen precipitously by 29.1 per cent between 2002-07 with female enrolment declining even faster.

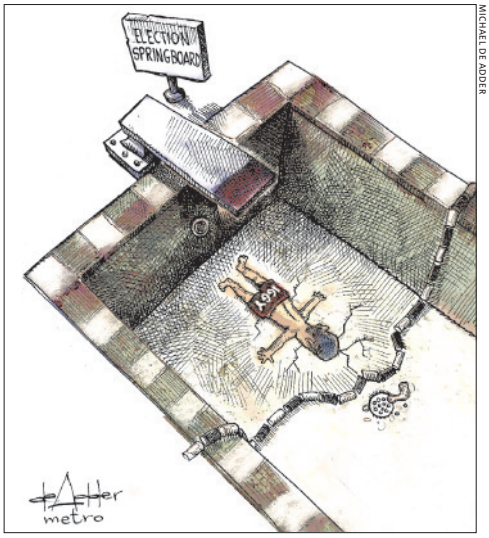
The Montreal massacre on Dec. 6, 1989, focused attention on women in technology as never before. The killer targeted aspiring engineers at l'Ecole Polytechnique for achieving what he could not. The Canadian Council of Professional Engineers then released a hard-hitting report — More than just numbers — that revealed the barriers inhibiting women from entering and excelling in engineering. It recommended a wide range of interventions to address "the chilly climate" for women and spawned hundreds of 'women in technology programs" by well-intentioned companies, associations, schools and universities.

Almost 20 years and millions of dollars later, we have to face the unpleasant truth: The piecemeal approach is not working. A review of more than 50 programs showed few had formal evaluations or could demonstrate significant impact. Female participation of women in engineering and computer science rose for awhile, then fell back almost to the 1989 levels. The factors are complex, to be sure. Girls' assumptions and aspirations are shaped at an early age and reinforced at every turn, in school, at university, in the workplace, and in the media. They make choices based on limited or incorrect information and are far less likely than boys to know what an engineer is let alone what one does. They often reject technology-oriented careers based on misguided assumptions about the nature of the work or their abilities.

High-tech employers can continue to "expand the pipeline" by encouraging girls to pursue technology careers, developing recruitment and retention strategies to support women and reinforcing positive messages in their procurement and marketing strategies. They also need to ensure they match skills requirements to the tasks, to consider alternative routes to the profession and to create a workplace climate that is inclusive. Teachers, professors and guidance counsellors need to ensure they present the full range of options and consider female friendly pedagogy and examples.

As the 20th anniversary of the Montreal massacre approaches, there is no better time for Canada to develop an integrated and sustained strategy to weave the pieces together.

Wendy Cukier is the associate dean of the Ted Rogers School of Management at Ryerson University, and the founder of Ryerson's Diversity Institute.



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Starbucks spares 30 stores from closure plans
Coffee-shop heavyweight Starbucks Corp. said yesterday that it is scrapping plans to close 30 of the 800 locations set for the chopping block. THE ASSOCIATED PRESS

Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Jobs makes return at Apple unveiling

Apple Inc. CEO Steve Jobs returned to his showman role yesterday, taking the stage at a product launch event for the first time since his nearly six-month-long medical leave.

Jobs, 54, who had a liver transplant this spring, got a standing ovation.

At an event for journalists, bloggers and software partners in San Francisco, Jobs announced updates to Apple's iTunes and iPhone software and unveiled a new iPod Nano with built-in video camera, sound recording and speaker.

Apple also announced price cuts to existing iPod Touch models — $199 US for an eight-gigabyte model, or $30 less. Apple kept prices constant for its other larger models, but will double the storage space.

Meanwhile, the new version of iTunes gives more control over what content gets loaded on to iPods and iPhones and introduces a way to organize applications purchased for the iPhone and iPod Touch. THE ASSOCIATED PRESS

iTunes LP

- Jobs also said iTunes would now sell albums with photography, cover art, liner notes and other media. The feature, called iTunes LP, will also come with interviews and other video.

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India Jet Airways grounded

GURINDER OSAN / THE ASSOCIATED PRESS

Jet Airways staff are seen at the check-in counter at the airport in New Delhi yesterday. Striking Jet Airways pilots yesterday offered to hold talks with management to end their two-day-old standoff, which has caused the cancellation of hundreds of domestic and international flights.

Barrick issues shares in bid to eliminate hedges

METALS A plan by Barrick Gold Corp. to dilute its share count by more than 10 per cent will take a toll on the stock price of the world's biggest gold company but is well worth it, an analyst says.

The Toronto-based company said yesterday it will issue 94.8 million common shares at $36.95 US per share to raise $3.5 billion, up from the $3 billion originally planned, to help pay for its plan to eliminate all of its hedges. Blackmont Capital analyst Richard Gray said the new shares will carry an immediate "steep cost" for Barrick, as shares fell 6.5 per cent. THE ASSOCIATED PRESS

Housing prices shrink for fifth straight quarter: RBC

REAL ESTATE It is becoming even more affordable to own a home across Canada these days but the costs could rise again as the real estate market rebounds, a new report shows.

RBC senior economist Robert Hogue said home ownership became more affordable for the fifth straight quarter in Canada, and has been restored to pre-housing boom levels.

But Hogue warns the trend, driven by low interest rates and falling home prices as a result of the recession, could soon reverse as the real-estate market recovers.

"Overall in the second quarter we are still seeing some improvement in affordability. That being said, We are probably at the tail end of that phase of the market," Hogue said after releasing the quarterly RBC Housing Affordability survey.

Hogue said prices are firming up in many parts of Canada and mortgage rates are not expected to fall further, but added prices won't leap dramatically due to the recession and high unemployment rates. THE CANADIAN PRESS

Business in brief

URANIUM Hathor Exploration Ltd. stock jumped after it announced the discovery of a new area of high-grade uranium mineralization at its Midwest NorthEast property in Saskatchewan's Athabasca Basin. Hathor has rights to 90 per cent of production from the property and the remaining 10 per cent is owned by Terra Ventures Inc.

OIL Norwegian voters go to the polls to select a new government Monday, and parties with a good shot at governing have said they want the state-owned energy giant StatOil to pull out of the Alberta oilsands due to environmental concerns. THE CANADIAN PRESS

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Crowd at Rogers Centre for Blue Jays game smallest ever

The Toronto Blue Jays hit a new low last night, and for a change it didn't come on the field. Only 11,159 fans came out to watch New Westminster-born slugger Justin Morneau homer off Roy Halladay in the eighth inning of a 4-1 Minnesota Twins victory, the smallest crowd in the history of the Rogers Centre. THE CANADIAN PRESS

Sports

Iverson says he's Memphis-bound

Guard Allen Iverson, left, has tweeted that he will be heading to Memphis. The 34-year-old free agent tweeted yesterday that "God Chose Memphis as the place that I will continue my career." Grizzlies general manager Chris Wallace said in a statement yesterday afternoon that the team had agreed in principle to a contract with Iverson. The team has scheduled a news conference today at FedExForum.

THE ASSOCIATED PRESS

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

Sports in brief

SOCCER The Vancouver Whitecaps will have to wait for another chance to lock up a United Soccer Leagues First Division playoff spot. Substitute Peter Byers scored in injury time to lift the Montreal Impact to a 1-0 victory over Vancouver last night, denying the defending league champions the one point they needed to clinch a playoff berth.

CFL B.C. teammates Martell Mallett and JoJuan Armour were among the CFL weekly award winners yesterday after leading the Lions to a win over the league-leading Montreal Alouettes.

BASEBALL Derek Jeter tied the New York Yankees record for hits held by Lou Gehrig. Jeter singled to right field in the seventh inning for his third hit last night against Tampa Bay, matching Gehrig with 2,721 hits in a Yankees uniform.

SOCCER European champion Spain and rejuvenated England booked their World Cup places with two games to spare yesterday by both maintaining their perfect records in qualifying.

TENNIS Stadium security was bulked up for last night's matches at the U.S. Open, a day after a man was arrested for running onto the court to kiss Rafael Nadal. The total number of on-court private security personnel —guards and supervisors — was being increased from six to nine.

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Oudin ends run at U.S. Open

Melanie Oudin's magical U.S. Open is over.

Even the comeback kid couldn't overturn this deficit.

Showing signs of shakiness in her first Grand Slam quarter-final, the 17-year-old Oudin got off to a slow start against No. 9-seeded Caroline Wozniacki, 19, of Denmark and never really recovered, losing 6-2, 6-2 last night.

"This has been a great experience for me. I had a great run here," the 70th-ranked Oudin told the crowd of 23,881 during an on-court interview right after the match.

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Now the Dane will play her first Grand Slam semifinal against another 19-year-old, Yanina Wickmayer of Belgium. The 50th-ranked Wickmayer beat Kateryna Bondarenko of Ukraine 7-5, 6-4.

The other women's semifinal Friday features two far more familiar names: defending champion Serena Williams against 2005 champion Kim Clijsters.

The men's semifinals Saturday will include Roger Federer, who beat Robin Soderling 6-0, 6-3, 6-7, 7-6 last night. Federer will put his 39-match Flushing Meadows winning streak on the line against No. 4 Novak Djokovic. THE ASSOCIATED PRESS

DARRON CUMMINGS/THE ASSOCIATED PRESS

Melanie Oudin yells after losing a point to Caroline Wozniacki, last night at the U.S. Open in New York. Oudin lost 6-2, 6-2.

Bengals star promises surprise on Sunday

NFL Chad Ochocinco is working on a tweet surprise for the NFL.

He promised something new for the Cincinnati Bengals opener Sunday against the Denver Broncos at Paul Brown Stadium. What exactly? He wouldn't say. But it's likely to get a review from the NFL, which has banned players' use of social networks during games.

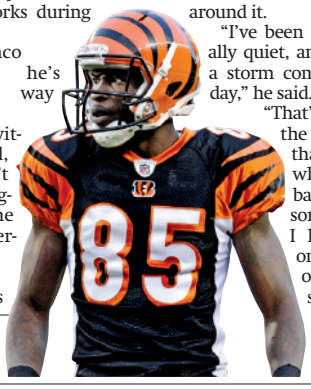
Ochocinco thinks he's found a way around it.

"The Twitter world, they don't need a signal," he said yesterday. "They'll know. It's the quiet before the storm. Just watch."

The league said that no player or anyone representing him can provide in-game updates on the player's personal Twitter, Facebook or other networking accounts. Ochocinco, who is one of the most prolific tweeters among NFL players, thinks he's found a way around it.

"I've been really, really quiet, and there's a storm coming Sunday," he said.

"That's one of the things that I do when I'm back: I have something. I keep you on the edge of your seat.



Chad Ochocinco

THE ASSOCIATED PRESS

CFL says Lions' victory stands, despite mistakes by officials

CFL The Canadian Football League says the B.C. Lions' 19-12 win over the Montreal Alouettes will stand despite the fact that mistakes were made by officials as the clock wound down Friday night.

While the errors were unintentional, commissioner Mark Cohon said the league's "regret at this incident is deep and profound."

The issue revolved around the game clock and officials on and off the field as Montreal was driving for a potentially tying touchdown in the final minute at B.C. Place.

Cohon says the game officials showed lack of communication and lack of judgment under pressure, but "not an intentional misinterpretation or misapplication of a playing rule."

"A mistake, notwithstanding the severe effect it may have upon the outcome of a game, does not provide sufficient grounds for the commissioner to allow the protest and determine a remedy," he said.

"A mistake ... does not provide sufficient grounds for the commissioner to allow the protest and determine a remedy."
Mark Cohon

Cohon said the officials in question will not be disciplined. But the league is looking at ways to avoid a repeat of the problem.

"While we can never eliminate human error in the game of football, how it is played or how it is officiated, we are considering measures to ensure this particular set of circumstances is not repeated."

THE CANADIAN PRESS

Balsillie, Bettman to take the stand

NHL The men at the centre of the battle for the bankrupt Phoenix Coyotes will each take the stand in court this week.

Canadian billionaire Jim Balsillie and NHL commissioner Gary Bettman are expected to spend as long as 40 minutes apiece answering questions from lawyers, according to an agenda filed in Arizona bankruptcy court yesterday.

They're scheduled to appear before the court early tomorrow — the second of two days Judge Redfield T. Baum has set aside this week to oversee an auction for the team.

Offers from Balsillie and the NHL are the only two expected to be considered by the court. Balsillie enters with the highest bid, as much as $242.5 million US, contingent on being able to move the Coyotes to Hamilton. The NHL has offered $140 million.

THE CANADIAN PRESS

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Ticket prices up, Cowboys set record

NFL ticket prices climbed 3.9 per cent to an average of $74.99 US for the 2009 season. According to Team Marketing Report's survey released yesterday, 21 teams either kept prices the same or lowered them. The average ticket to a Dallas Cowboys game costs $159.65, a record for the Fan Cost Index survey, which dates to 1991. THE ASSOCIATED PRESS

NFL Preview

Super Bowl XLIV

The 44th edition of the Super Bowl will be held at Miami's Dolphins Stadium on Feb. 7, 2010. It will be the fifth time the stadium has played host to the NFL's championship game.

METRO NEWS SERVICES

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

North wind blowing

Canadian participation on the rise in the National Football League

PERRY LEFKO
for Metro Canada

The National Football League may be an American entity, but it has a growing Canadian element to it.

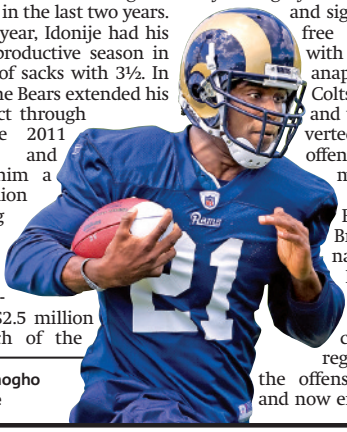
Whether it's Canadian-born players or players who have graduated from the Canadian Football League, there are elements of the NFL that are of particular interest to football fans north of the border.

Oshiomogho (O.J.) Atogwe, a Windsor native, was drafted in the third round of the 2005 NFL Draft and has blossomed into one of the premier safeties in the league. He's what's known as a ball hawk because of his proficiency in intercepting passes. He has 17 picks in four seasons, including eight in 2007, which led the National Football Conference.

In February, the Rams signed Atogwe to a one-year deal worth $6.342 million US. Suffice to say, he stands to reap even more financial rewards if he continues to play at this level.

In Chicago, defensive lineman Israel Idonije heads into his sixth season with the team. The native of Lagos, Nigeria, who grew up in Manitoba and graduated from the University of Manitoba has become a regular starter in the last two years.

Last year, Idonije had his most productive season in terms of sacks with 3½. In May, the Bears extended his contract through to the 2011 season and gave him a $2-million signing bonus. He is slated to receive $2.5 million in each of the next two seasons. Idonije, one of the few players in NFL to graduate from the Canadian university ranks, has reached these heights despite the fact he didn't start playing organized football until university.



Oshiomogho Atogwe

Another player from the Canadian post-secondary ranks is Dan Federkeil, who graduated from the University of Calgary as a tight end and signed as a free agent with the Indianapolis Colts in 2006 and was converted into an offensive lineman. In New England, Brantford native Nick Kaczur has become a regular on the offensive line and now enters his fifth season.

Much attention from a Canadian perspective will be on defensive lineman Vaughn Martin, who played only two years at the University of Western, but impressed the San Diego Chargers enough to draft him in the fourth round and give him a multi-year contract.

Other Canadians of note include: Washington kicker Shaun Suisham; Seattle punter Jon Ryan; New Orleans cornerback Jason David; Jacksonville defensive tackle Rob Meier; Dallas long snapper L.P. Ladouceur; Seattle wide receiver Nate Burleson; and Indy receiver Sam Giguere.

Cam Wake, who was named the CFL's outstanding defensive player the last two years, parlayed that into a contract with the Miami Dolphins. Running back Stefan Logan, a teammate of Wake's in B.C., signed with Pittsburgh and survived pre-season cuts.

Patriots

BRADY Tom Brady is excited about Monday night's opener and not only because it will be his first regular-season game in more than a year. The New England Patriots quarterback noted yesterday noted he's already played in three exhibition games and that's given him a chance to face another team. It also gave him time to play with a brace on his surgically repaired left knee and he said he feels comfortable with it.

Vikings

FAVRE Brett Favre insists he won't let his durability streak hurt the Vikings. Favre will make his 270th straight start when Minnesota plays at Cleveland Sunday. That will match what the NFL considers the longest streak in history, held by former Vikings defensive lineman Jim Marshall from 1961-79. Favre said yesterday he would sit out this season if he's not healthy enough to suit up as Minnesota's quarterback. The 39-year-old also said he "may not" be able to play in all 16 regular-season games.

THE ASSOCIATED PRESS

Seahawks' anchor eyes Week 2

SEATTLE Nine-time Pro Bowl left tackle Walter Jones and starting centre Chris Spencer won't play in the Seahawks' opener Sunday against St. Louis, but both could return next week.

Coach Jim Mora said yesterday that two of the three injured starters on Seattle's jumbled offensive line have "a chance" to play on Sept. 20 at San Francisco.

The 35-year-old Jones will miss his first opener since 2003, when he stayed out all summer in a contract dispute. The anchor of Seattle's line for the last decade had his second knee surgery in eight months a few weeks ago.

Sean Locklear will start for him against the Rams, with Ray Willis playing at Locklear's old spot, right tackle.

Spencer tore a quadriceps muscle in the second pre-season game last month. Steve Vallos will start at centre Sunday.

Jones had microfracture surgery on his left knee last December and then an arthroscopic procedure on Aug. 20 to remove scar tissue and fragments. Until the return of the man former coach Mike Holmgren called the best offensive player he ever coached, Seattle has just one other tackle on the roster: Brandon Frye. He was claimed off waivers from Miami last weekend.

OTTO GREULE JR/GETTY IMAGES

Mike Holmgren, former coach of Brett Favre, has called Seattle's Walter Jones, right, the best offensive player he's ever coached. Jones will miss the first game of this season, the first time he's missed an opener since 2003.

Mora called Frye's unfamiliarity with the offence his biggest, immediate concern on the line, "aside from the fact we don't have two of our starters playing in 'Spence' and Walter."

THE ASSOCIATED PRESS

Steelers have a score to settle in season opener

NFL PICKS With a record sixth Lombardi Trophy in their possession, the Steelers carry the biggest of targets on their black-and-gold jerseys this season. Yet it's Mike Tomlin's champions — and all of Pittsburgh, for that matter — looking to settle a score in the NFL season's opener tonight.

Into Heinz Field come the Terrible Towel stompers themselves, the Tennessee Titans. After the Titans whipped the Steelers 31-14 in Nashville in the penultimate game last season, linebacker Keith Bulluck dropped a towel, then swiped his foot across it. Running back LenDale White stomped on a towel, and defensive end Jevon Kearse used one as he pretended to blow his nose.

The Steelers, who are 5½-point favourites in the now traditional opener hosted by the Super Bowl winners, didn't lose again after that game. And they haven't forgotten the Titans' terrible behaviour toward their towels.

But Pittsburgh's top-ranked defence will concern itself with what White, Chris Johnson and rookie Javon Ringer try to do on the ground. Tennessee is no slouch on D, either, even with All-Pro tackle Albert Haynesworth now in Washington. With both sides likely to be stingy, this could come down to one key play by an offensive standout. We'll bet that's Hines Ward. **STEELERS 16-10**

Buffalo (plus 10) at New England (Monday night)

BEST BET: Hello T.O. from Buffalo. No matter how much you do in your Bills debut, Tom Brady, Randy Moss, Wes Welker and Patriots will do more. **PATRIOTS 35-13**

San Francisco (plus 6½) at Arizona

UPSET SPECIAL: Niners nearly beat Cardinals in Mike Singletary's debut as interim coach last November. They win his debut as full-time coach. **49ERS 21-20**

Minnesota (minus 2½) at Cleveland

Everybody loves Brett Favre-led Vikings. Doesn't seem like anyone likes Eric Mangini-led Browns. **VIKINGS 24-10**

Miami (plus 4) at Atlanta

A year ago, this was considered an early-season dud. Now, it's a matchup worthy of prime-time. AFC is superior to NFC, so ... **DOLPHINS 24-21**

Detroit (plus 12) at New Orleans

Let's see, Lions haven't won since two days before Christmas — in 2007. **SAINTS 31-7**

Kansas City (plus 8½) at Baltimore

Maybe Matt Cassel is better off not facing Ravens' fierce D. **RAVENS 20-3**

Philadelphia (plus 1) at Carolina

Two franchises that had very busy off-seasons. Brian Westbrook and DeAngelo Williams are worth admission price. **EAGLES 24-20**

Denver (plus 1) at Cincinnati

Bengals might be jealous that Broncos have stolen the dysfunctional thunder. **BENGALS 20-3**

New York Jets (plus 4) at Houston

Mark Sanchez, meet Mario Williams and DeMeco Ryans. OUCH. **TEXANS 24-10**

Jacksonville (plus 7½) at Indianapolis

With Tony Dungy retired, Colts might take some missteps. Not here. **COLTS 27-10**

Dallas (minus 3) at Tampa Bay

Cowboys tune up for big debut game of their billion-dollar stadium. Are they looking ahead? Nope. **COWBOYS 30-13**

Washington (plus 6) at N.Y. Giants

Redskins might be best fourth-place team in NFL. Giants are likely first-place team. **GIANTS 24-14**

St. Louis (plus 7) at Seattle

Jim Mora takes over as Seahawks coach. He's got better roster than Steve Spagnuolo does in his Rams debut. **SEAHAWKS 16-10**

Chicago (plus 3) at Green Bay

Longest running rivalry in pro football, and both franchises have strong teams. Pack looks bit stronger right now. **PACKERS 28-17**

San Diego (minus 7) at Oakland (Monday night)

Regardless of Chargers star LB Shawne Merriman's status, Oakland is outmanned. **CHARGERS 33-7**

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Metro Homes

Special focus

This week's Homes section will feature a look at home renovations.

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

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Plenty of ways to finance your reno

RAFAEL BRUSILOW
for Metro Canada

When picking how to finance your home renovation, don't overlook the strength of your home's own equity as a fountain of finance.

Since the money you spend renovating your home will help to boost its value, securing credit with your home equity is often a synergistic choice.

"Canadians like to be in control of their situation and when they want to renovate the home, they want to renovate it on their own terms. Leveraging your home to increase its value is a smart decision," said John Turner, director of mortgages at BMO.

Small renovations can usually be handled by your credit card, but for large renovations that require a larger pool of resources, several long-term financing options exist. For comparison, Turner offers an example payment calculation for each option, assuming a home renovation requiring $25,000 of credit at the best possible interest rates for each choice.

A traditional bank loan can work, but it's far from the most effective option. Bank loans tend to procure higher interest rates than other options and are only really useful if you know exactly how much money you're going to need for your reno — an unlikely scenario since few renovations run exactly on schedule and on budget. Example payments: about $447 per month for five years.

Before you start your renovation, you have to consider financing.

A second mortgage is generally much more affordable than a bank loan, but it puts more long-term pressure on your finances. That's about $152 per month for 25 years.

A line of credit offers a lot of flexibility, both in how much money you can access and how you can pay it off, but it can be expensive to handle. It works by granting you access to borrowing limit where you only pay interest on what you borrow, and you can secure it with your house as collateral to get more credit. That's about $750 per month, going down as you pay off your balance.

The final option is a hybrid that Turner suggests is often the best option: A combination mortgage plus line of credit, usually backed by your home's equity. As long as you start with either a 20 per cent down payment or 20 per cent of equity already built in your home, your monthly mortgage payments actually increase your borrowing reserve on a simultaneous line of credit. BMO is famous for its own version called the Homeowner ReadiLine, though a few other borrowers offer similar options. This is about $67 per month.

However you decide to finance your renovation, remember to always consider the big picture.

"You want to make sure you balance your short-term needs with your long-term wants and goals," Turner said.

Considering your neighbours key when renovating

ANDREA WOO
for Metro Vancouver

Homeowners should give a heads up to neighbours before proceeding with a major home renovation. Otherwise, they could risk drawing their ire midway through the project.

That's the advice coming from local home building and renovating authorities, who note that while giving notice is not legally required, it is common courtesy and can avoid ill will and headaches later on.

"We call it a good neighbour policy," said Peter Simpson, CEO of the Greater Vancouver Home Builders' Association. "It all boils down to communication and consideration."

Ralph Belisle, president of Burnaby-based TQ Construction, says his company sends out notices to surrounding houses before beginning a project, detailing the start and anticipated finish date and who to report to should issues arise.

He says the most common complaints among neighbours of renovating homeowners are when construction crews park on their property, when garbage or waste materials spill over on to their property, or when there is excessive noise during inappropriate hours.

While most reputable contractors will adhere to general guidelines, Belisle says neighbours who encounter any problems shouldn't hesitate to contact the contractor.

"The contractor has a personal interest in keeping the neighbourhood happy," he said. "The contractors don't always know what's going on on every job site and if there's not someone to tell them, then they can't make a correction."

Notes Simpson: "The homeowner is the boss, and they should be able to tell the contractor what's expected from them." He suggests homeowners lay out some basic ground rules for workers.

Homeowners can also approach local authorities with questions before undertaking a renovation. City hall, for instance, can answer queries about parking and early start times, as noise bylaws vary by municipality.

Upcoming home & design shows

Get ideas at one of these upcoming home shows:

- **What's New in Homebuilding**, runs Sept. 29 from 9 a.m. to 4 p.m. Takes place in Salon B at the Best Western Coquitlam Hotel & Conference Centre (319 North Rd.) It costs $70 plus GST or $120 plus GST per couple, including lunch, coffee and printed materials. To register, call 778-565-4288. For more, go to gvhba.org.
- **Vancouver Home + Interior Design Show**, runs Oct. 15-19 at B.C. Place Stadium. Ty Pennington will be appearing on Oct. 15, Colin and Justin will appear Oct. 16-17. Tickets are $15 (adults), or $12 (seniors/youth 13-17). Children under 12 get in free. For more, visit vancouverhomeandinteriordesignshow.com

Right upgrades equal money

LEYLA EMORY
for Metro Canada

Updated kitchens and bathrooms can mean money. But the right upgrades can mean savings.

"Product ideas and approaches to decorating are the two big tickets to saving money," says Kristan Cunningham, former host of HGTV's Design on a Dime. Since appliances are "where you'll put down the biggest chunk of change when you take on a kitchen or bathroom remodel," Cunningham says, start at the source. "Most appliance stores have a scratch and dent section ... you may get 25 to 30 per cent taken off. So there can be huge savings."

From there, she recommends her "fabulous in the front, budget in the back" technique. She suggests using Ikea kitchen cabinet boxes, but investing in custom kitchen cabinet doors. Or use a box door cabinet line from Ikea and dress it up with more expensive hardware from Restoration Hardware. "At the end of the day, the details are what makes an entire space feel high-end."

The same is true in bathrooms. Instead of replacing the sink or toilet, look at improving the fixtures. "Places like Lowe's or Home Depot have a section in the plumbing department that sells replacement fixtures. For instance, just the bathtub valve or toilet flushers — mine was oil-rubbed bronze. I think I spent $14 on it and everyone thinks it's a $3,000 toilet."

Wasp frenzy

HomeScape

Is there someone in your household who absolutely freaks out when wasps start to buzz around?

Well, there's a lot of freaking on going on around my house these days. My daughter cannot seem to help herself—she starts flailing about in a strange panicky dance whenever a wasp or several of them start plaguing her. Not a wise move, I tell her, but it doesn't seem to make any difference.

Unfortunately, she's not the only one. A friend's daughter kept agitatedly flicking at the wasps flying around her at an outdoor meal on my back terrace. Despite warnings to calm down, she kept up with her flapping and was eventually stung on the wrist. Somebody else I know was sitting on a blanket during a family picnic, and was so upset by the investigating wasps that she stood up and bolted away like a panicked horse, stepping directly into her plate of food and the desert brownies as she made her frenzied escape.

Wasps may seem to be your enemy, but they're not. Some wasps (such as the slender, inch-long paper wasps) leave you alone, more or less. The shiny, stout-bodied but narrow-waisted yellow-jacket wasps, on the other hand, are simply very focused on their sugar-gathering chores in the late summer, exhibiting persistence and a bulldog-like tenacity.

You should give them lots of room. There are common sense rules, such as no flapping about. And if you eat or drink outdoors, minimize the food you expose. Cover serving dishes of salads, meats and deserts or better yet, serve them from inside the house.

Watch your plate and drinks such as pop or beer to avoid eating a wasp. Wasps do regularly crawl into tins of pop or beer and can easily end up in your mouth, where they will sting, so avoid tins. Finally, if wasps are numerous, you may just decide to surrender and go inside to eat your dinner, and nobody would think the worse of you.

Sylvia Putz is a journalist with an interest in decor and design. She's written for the TV show Arresting Design; sputz@arrestingdesign.com.

Fun with family rooms

EMMA YARDLEY
for Metro Canada

The family room has a big job to do. It hosts movie marathons, monthly book club meetings, Guitar Hero competitions and poker nights, all while providing ample seating and a place to put all the cards, cords and cases at the end of the day.

"Storage is key. Because we spend so much time in our family rooms, a lot of our belongings end up there," says, Jennifer Wilson-Speedy, editor of Yourhome.ca. "Look for clever solutions like storage ottomans, which can also double as seating and coffee tables."

While creating a comfy tidy space stuffed with warm blankets and swishy pillows is important, also keep in mind that this room should reflect who you are as a family.

"A family room is a place to have fun, so break out your favourite colours, family photos and art," says Speedy. "My favourite rooms always have a quirky touch to them, which make the space feel alive and teaches you something about the family."

The Flip sofa chaise is all about options — if you don't like the chaise where it is, simply move it to the other side. Look for stain-resistant fabric. Urban Barn, starting at $1334, urbanbarn.com.

Grab some popcorn and pop in your favourite flick. Debbie Travis Leather Club Chair, $299.99, Canadian Tire, canadiantire.ca.

Create a storage system for all the board game boxes, TV cords and video games with these faux leather collapsible boxes. Home Outfitters, $14.99 to $24.99, home outfitters.com.

Fleece throws are a cozy addition to the family room. President's Choice Home, $9.99 for two, presidentschoice.ca.

Homes in Style

Add texture and warm natural colours to your couch with these corduroy linen pillow covers. West Elm, $18 to $28, westelm.com.

"Storage is key."
Jennifer Wilson-Speedy, editor

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Designer Ferre defies crisis

Italian fashion house Gianfranco Ferre has enough cash to stage fashion shows, launch a shoe and handbag line and roll-out a new logo despite being in administration and hit by the downturn, its CEO said. REUTERS

Style

New Lululemon line

Lululemon Athletica Inc. is launching a new line of clothing called Ivivva Athletica aimed at preteen girls, a move analysts say will open the yoga-inspired retailer to a new and underserved market. Vancouver-based Lululemon said the brand, aimed at girls ages six to 12, will be tested with three stores in Vancouver, Victoria and Calgary starting in November. Lululemon chief executive Christine Day said the new brand is meant to fill a need in the market, as well as protect the Lululemon brand. THE CANADIAN PRESS

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Waist-whittling wearables

Clothes that give you the tummy tuck without the surgery

JANINE FALCON
For Metro Canada

These days we're all working harder than ever. Nice to know some of our clothes can work harder too.

They can't take the place of healthy, active living, but garments with tummy-taming job descriptions can help pick up a little workout slack, and camouflage bits we'd rather keep under wraps.

We're not talking underpinnings, although a pair of Spanx (the best-known name in shapewear) is a must for smooth lines under that favourite little dress.

Instead, when we don't want to wriggle into an extra layer, we can turn to clothing brands such as Mark's Work Wearhouse, Melanie Lyne, Spanner and Old Navy for waist-whittling wearables that also slim the hips and lift the derrière.

"Wardrobe items with tummy-control benefits can offer shaping without feeling like a girdle."
Ingrie Williams, freelance fashion stylist

"Many women want to look 10 pounds thinner, no matter what size they are," comments freelance fashion stylist Ingrie Williams, whose work has appeared in many of Canada's top magazines and on CityTV. "Wardrobe items with tummy-control benefits can offer shaping without feeling like a girdle."

Generally constructed with variations of a built-in control panel across the inside front, and from denim with varying stretch from one to five per cent, jeans are the most popular figure-enhancing workhorse.

Mark's Work Wearhouse Curvetech Janet Skirt ($49.99). marks.com

In Williams' view, "They're a practical addition to any jean wardrobe." As well, their fit and for-comfort design make them a good try-again point for women who have found past jean experiences unsatisfactory.

If Not Your Daughter's Jeans sounds familiar, it's thanks to positive performance reviews from celebs such as Rachel Ray, Jane Seymour and Diane Sawyer. Part of the appeal is a patented denim weave that resists stretch in the front, and a size range that includes petites and plus.

Old Navy's The Dreamer classic-rise, curvy-silhouette jean is new this season. In addition to shaping, it has a contoured waistband to help minimize waist bulge and gaping at the back. Sizes go from zero to 20 regular.

Also making its debut is the Fit to Flatter jean from Canadian company Spanner, which makes regular, petite and plus sizes. Melanie Lyne's Off the Record classic-fit jean, also Canadian, launched this past spring and fits up to size 16; a contemporary fit with a slightly lower rise and slimmer, boot-cut leg just hit stores for fall.

Mark's Work Wearhouse Curvetech collection (yes, Canadian too) now offers the widest variety of silhouette-enhancing garment styles — 40 in all — from jeans to capris to yoga-wear to dress pants, as well as a Total Control skirt. Sizing goes from two to 18 (up to 20 in denim).

Above: Mark's Work Wearhouse Curvetech Janet Pant ($49.99) marks.com

Left: Not Your Daughter's jeans resin wash boot cut ($169) tummytuck jeans.ca

Right: Melanie Lyne Off The Record jeans (95). melanie lyne.com

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THE HAT: A gift from my friend's closet. Sometimes he has better style than I do.

THE JACKET: I got this from a thrift shop on Queen Street when I was 16. Best five bucks I ever spent.

THE TANK: Another thrift store special. It's one of my staples.

THE NECKLACE: When it comes to accessories, I say go big or go home.

THE PHONE: The Samsung Link™ from Bell. It's easy to use and it matches my style. Awesome.

THE JEANS: I love these jeans. The colour is awesome and I can still bust a move in them.

THE SHOES: There are some things I just can't resist. Shoes are one of them. These were so hot I had to have them.

PREETI, Toronto

PREETI'S LOOK: Urban retro. This fashion daredevil doesn't do anything by halves. She loves primary colours, music and dancing, and you can see it in her style. She's a self-proclaimed "feminine tomboy." Baggy jeans with heels? She'll go there. She laughed in the face of the boy who asked why she doesn't wear more dresses, and flatly refuses to work anywhere with a dress code.

ELLE CANADA

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TOTAL LOOK: COBALT BLUE

ADVICE Fall's major '80s trend brings back the ever popular shade of cobalt blue. Whether you're a blonde, a brunette or even a fiery red-head, this easy-to-play-with hue will look great on you! Wear it head-to-toe, contrast it with black or use it as a punch of colour to pump up your outfit.

Cotton turtle-neck ($45, at Winners)

Leather shoulder bag ($240, at Banana Republic)

Quilted nylon and polyurethane gloves, Miss Sixty ($69, info@sixty canada.com)

Glossy leather pumps, Nine West ($120, ninewest.ca)

Cotton-knit cardigan and modal and cotton turtleneck, Cassis ($85 and $39, cassis.ca)

Sleeveless polyester and spandex dress, RW&CO. ($78, rw-co.com)

STUDIO ANDRÉ DOYON

Rowenta Professional Flat Iron ($219)

Kevin.Murphy Straight.Defence Heat Protecting Straightening Balm ($25.50)

PACKING HEAT

Beloved by fashion designers and stylists for its steamers and travel irons, Rowenta has launched a line of high-end hairstyling tools. The new collection includes a blow-dryer with a built-in auto sensor — it shuts off when you set it down and on when you pick it up — and a flatiron with flexible ceramic plates that make it easier to work with, says Toronto-based celebrity hairstylist Brennen Demelo. Before heat styling, protect your mane with Kevin.Murphy's new line, which promises to shield hair from temps as high as 220°C.

To read these stories and more, visit: **ellecanada.com**

Victoria's Secret coming to Canada

NEW STORE No girls-only voyage to Buffalo or New York City is complete without an afternoon spent admiring the silky treasures of Victoria's Secret. For some, Victoria's Secret is the only thing on the agenda.

But bra-specific road trips may soon become a thing of the past. In what is perhaps the most highly anticipated American invasion since Obama's trip to Parliament Hill; Victoria's Secret stores are finally expanding into Canada.

Limited Brands Inc., Victoria's Secret's parent company, already dipped a toe into our lingerie market with their acquisition of Canadian chain La Senza in 2007.

"We have a tremendous footprint with La Senza operating more than 300 stores in Canada," Brooke Stull of Limited Brands writes Metro via email. "We're currently testing a new La Senza store layout and an assortment that focuses on new bra and panty styles ... and we're planning to open… the first four PINK stores in Canada."

Victoria's Secret PINK is phase one of the brand's Canadian infiltration, beginning next month. An offshoot of the Victoria's Secret brand, PINK and its merchandise focuses on collegiate loungewear and athletica, ultimately targeting a more youthful market than its seductive older sister. Traditional Victoria's Secret stores are scheduled to arrive in Canada in the spring of 2010.

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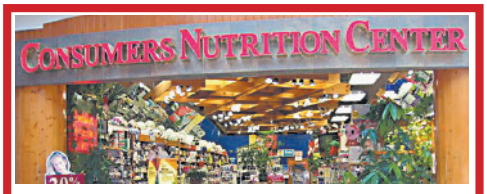

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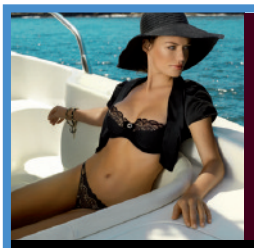

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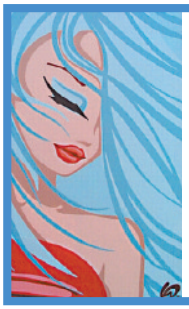

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Surgery for McGowan

In an extensive stunt gone wrong, Rose McGowan brought the Red Sonja set to a standstill. The actress was taken to hospital where she underwent wrist and elbow surgery. "They took part of my elbow out. I had really bad nerve damage from doing stunts." McGowan recently told Fox News. **POPEATER.COM**

Entertainment

Pam's new man

Pamela Anderson is reportedly dating Jamie Padgett, an electrician she met at a trailer park where the former wife of Kid Rock was staying while work was being done on her house. **PEOPLE.COM**

EDITOR: DEAN.LISK@METRONEWS.CA

A CLASSIC; EXCELLENT; GOOD; FAIR; POOR

Jay-Z drafts catchy Blueprint

Jay-Z

Album: The Blueprint 3
Label: Warner
Rating:

ON JAY-Z'S 11TH album he lambastes his hip-hop cohorts for using the annoying vocal effect auto-tune. But the music mogul didn't have to do that — just listen to his new disc and you'll know he'll never need auto-tune to sound good. More than a decade after he released Reasonable Doubt, Jay-Z is still a brilliant artist who can out rap just about anyone. The Blueprint 3 is catchy, thoughtful and has a bevy of guest stars, including Alicia Keys whose soaring vocals on Empire State of Mind are as stunning as Jigga's best raps.

Bryan Borzykowski/for Metro Canada

Die Mannequin

Album: Fino + Bleed
Label: Warner
Rating:

THERE'S NO DOUBT that Toronto hard rockers Die Mannequin are moments away from huge success. The female fronted duo's blistering guitars and aggressive vocals from Care Failure is exactly what the Lady Gaga obsessed music world needs right now. And the band's infectious sound, which is at its most polished and mainstream, should catapult the group to the next level. For fans though, the new disc lacks the rawness and the in-your-face creativity of their early EPs. That's a good thing when courting the masses, but followers might be a bit disappointed.

Bryan Borzykowski/for Metro Canada

GETTY IMAGES

The Blueprint 3 is the 11th album from hip-hop superstar Jay-Z.

Cuff The Duke

Album: Way Down Here
Label: Noble/Universal
Rating:

BLUE RODEO CO-FOUNDER Greg Keelor has emerged as some kind of grandfather/patron to the neo-alt-country generation, first as mentor to The Sadies and now as producer of Cuff the Duke, a wonderfully talented four-piece outfit that emerged seven years ago with a taste for early '70s folk-rock, ala CSN&Y. Cuff the Duke shows a new talent for gentle harmony vocals on the opening track You Were Right, while pushing the edges with fiery Neil Young-like extended electric guitar on tracks like It's All a Blur and Promises. Cuff the Duke are the obvious inheritors of the Blue Rodeo estate, but the band is searching still for one of those knock-out singles like Hasn't Hit Me Yet that would give them national stature.

Graham Rockingham/for Metro Canada

Two Hours Traffic

Album: Territory
Label: Bumstead/Universal
Rating:

AFTER 2007'S FANTASTIC rocker Little Jabs, the pressure was on for Two Hours Traffic to push themselves even harder. Unfortunately, their latest record — again produced by Joel Plaskett — falls flat. Territory is darker, and musically many of the songs are more complex, but the tunes are also much quieter and laid-back than what's on their previous effort. And, unfortunately, it doesn't work as well. It was the band's visceral energy and Sloan-like feel that garnered them a Polaris Music Prize nomination last year, and without that the passion and intensity doesn't come through as well.

Bryan Borzykowski/for Metro Canada

MusicReviews

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Amy Milan

Album: Masters of the Burial
Label: Arts and Crafts
Rating:

THE DECISION BY Amy Millan, best known as lead singer for Canadian indie-pop band The Stars, to record Sarah Harmer's Old Perfume was done out of deep respect, but it probably wasn't a wise one. Ditto with Jenny Whiteley's Baby I. These happen to be the two best crafted songs on Millan's second solo album Masters of the Burial. That's probably not a good thing, if you're trying to establish yourself as a singer-songwriter. Both Harmer and Whiteley have their locks on the category, which leaves Millan coming off like a passing visitor. Still it's hard to resist the charm of her voice and the superb backing musicianship Millan has gathered here.

Graham Rockingham/for Metro Canada

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Lohan joins French design house
Lindsay Lohan is joining Emanuel Ungaro as an "artistic adviser," according to Women's Wear Daily. The French design house counts stars like Eva Longoria Parker and Rachel McAdams among its current clientele. METRO NEWS SERVICES

Breaking Up is hard to do

Actress Scarlett Johansson and musician Pete Yorn pair up to craft infectious pop

BRYAN BORZYKOWSKI
for Metro Canada

Every night, countless men dream about Scarlett Johansson, but only one guy can say his fantasy came true.

In 2006 singer-songwriter Pete Yorn dreamt that he and the burgeoning blond movie star recorded a duets album together. When he woke up, he did what any well-connected musician would do — he called Johansson and told her he wanted to work with her.

"I've known Pete for several years," says Johansson on the phone from New York. "It was a welcome surprise to be asked to do the album."

Yorn didn't just want Johansson to sing on the album, though, he wanted her to channel another silver screen siren, Brigitte Bardot. He would play the part of Serge Gainsbourg, a legendary Parisian singer, and together the two would create a version of the 1968 duet disc, Bonnie and Clyde.

"When I thought of Brigitte, my mind just went to Scarlett," says Yorn. "Whether I knew her or not my mind would have gone to her. I felt her presence. Whether she was a professional singer or not was irrelevant."

At the time Yorn and Johansson made the disc, the actress had yet to record Anywhere I Lay My Head, her album of Tom Waits covers that came out last year. So when she went into the studio with Yorn, her singing credits were few and far between.

"When I was a kid I took a lot of vocal lessons," she reveals. "And I had recorded a couple things here and there, so I was familiar with the recording process I guess. But I wasn't nervous because there was nothing to lose."

It took three years, but her recording sessions have finally seen the light of day.

WARNER MUSIC PHOTO

Scarlett Johansson and Pete Yorn collaborated on the new album Break Up.

The disc, Break Up, delves into the complex feelings and heartache that comes with a failed relationship. While it's no Bonnie and Clyde, and Johansson's vocals sound a bit flat, it's still an infectious pop record. If anything, this album will do wonders for Yorn, who's written some of the strongest songs of his career.

There's no doubt these tunes are as good as anything on store shelves, so why did it take so long to release?

"When we made it we just did it ourselves, for fun," Yorn explains. "We never really had a plan for it. And Scarlett was working on her projects and I was doing my stuff and we let the time go."

"It captured a place and time where we were both experimenting ... when I heard it fully mastered I was really excited about it. And now it has its own little life."
Scarlett Johansson

Eventually they decided to play some of the songs for friends, and they were encouraged by the warm reception.

But despite the wait, Johansson's says she can still feels the tunes.

"I'm very sentimental about it," she admits. "It captured a place and time where we were both experimenting. I was really proud of it then, but when I heard it fully mastered I was really excited about it. And now it has its own little life."

Tony Danza goes back to school

TV Class is officially in session for Tony Danza in Philadelphia. The former Who's the Boss? and Taxi star is filming an A&E reality show called Teach.

He's co-teaching an English class of 26 sophomores at Northeast High School with a credentialed teacher.

Danza spoke to parents at the school his first day Tuesday, reassuring them that he's qualified to teach because he's in the process of becoming certified and has spent months preparing.

He writes on his blog that he decorated his room with motivational sayings, including one that said: "No moaning, no groaning."

Radio City set to host Tony Awards

THEATRE Broadway's fall shows haven't even arrived yet but the date for the 2010 Tony Awards has been set — Sunday June 13 — at Radio City Music Hall.

Winners of awards honouring the best of the 2009-2010 Broadway season will be announced during a live, three-hour telecast by CBS.

The Broadway League and the American Theatre Wing say the cutoff for eligibility will be April 29, 2010.

THE ASSOCIATED PRESS

	VA	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime 9/10/09		251	308	3 CBC	Wheel-Fortune	Jeopardy!	Battle for a Continent (N)		Rise Up		CBC News: The National (N)		(:05) The Hour
		254	-	8 M	Two/Half Men	Two/Half Men	Omni News: Mandarin Edition		News: Cantonese Edition		Omni News: Punjabi Edition		The Simpsons
		250	321	9 CTV	etalk (CC)	Hollywood	The Vampire Diaries "Pilot"		CSI: Crime Scene Invstgtn.		(:01) The Mentalist (CC)		CTV News
		-	-	10 OMNI	Frasier (CC)	Frasier (CC)	Stargate SG-1 (CC)		Supernatural (CC)		Perspectives	Ek Noor	New Day
		252	336	11 GTV	Entertainment	ET Canada	Big Brother 11 Eviction. (CC)		(8:59) 90210 (CC)		90210 "To New Beginnings!"		News
		256	389	12 VI	Degrassi: TNG	TMZ (N) (CC)	Grey's Anatomy (CC)		Fringe (PA) (CC)		(:02) Private Practice (CC)		A News (N)
		253	359	13 CITY	Law & Order: SVU		30 Rock	Parks-Recreat	Parks-Recreat	(:31) 30 Rock	Law & Order: UK (CC)		The CityNews
		-	-	14 CW	Deal-No Deal	Deal-No Deal	The Vampire Diaries "Pilot"		Supernatural (CC)		Seinfeld	Seinfeld	Frasier (CC)
		289	381	15 CBS	Entertainment	The Insider	Big Brother 11 Eviction. (CC)		CSI: Crime Scene Invstgtn.		(:01) The Mentalist (CC)		KIRO News
		287	379	16 NBC	NFL Football: Titans at Steelers			Primetime Pre.	25 Things You Can Do		Dateline NBC (CC)		KING 5 News
		602	568	19 W	Old Christine	Friends (CC)	Friends (CC)	Grocery Bag	Confidential	Confidential	Divine Design	Divine Design	Love It-List It
		288	380	21 ABC	Wheel-Fortune	Jeopardy!	Everyday Heroes-Children's		Grey's Anatomy (CC)		(:02) Private Practice (CC)		KOMO 4 News
		-	-	23 KVOS	M*A*S*H	Seinfeld	The Neighbor ★★ (1993) Linda Kozlowski, Ron Lea.				King	Cheers (CC)	Scrubs (CC)
		291	383	27 PBS	The Big Band Years				Julia Child Memories: Bon Appétit!				Big Band
		290	382	28 FOX	Two/Half Men	Two/Half Men	Bones (PA) (CC)		Fringe (PA) (CC)		Q13 FOX News at Ten (N)		Family Guy
		-	364	43 PBS	MI-5 "Love and Death" (CC)		Red Green	Being Served	Tavis Smiley	Charlie Rose (N) (CC)		This-House	Ask This Old
		296	654	34 SBK	Frasier (CC)	Frasier (CC)	Punk'd (CC)	South Park	South Park	Half & Half	Paid Program	Hatchett	Boston Home
		298	653	35 TLA	Two/Half Men	Two/Half Men	The Vampire Diaries "Pilot"		Supernatural (CC)		KTLA Prime News (CC)		Friends (CC)
		295	651	36 WGN	WGN News at Nine (N) (CC)		Family Guy	Two/Half Men	According-Jim	Sex and-City	Friends (CC)	Friends (CC)	According-Jim
		297	652	37 WPX	PIX News at Ten Tong. (N)		Two/Half Men	Friends (CC)	Sex and-City	According-Jim	Frasier (CC)	Frasier (CC)	Odd Couple
		199	311	76 STR	CTV News	NTV Latenight News		Late Show-Letterman		Late Late Show		Will & Grace	Seinfeld
news		502	390	26 NW	The Nature of Things (CC)		CBC News: The National (N)		CBC News: The National		The Nature of Things (CC)		National
		500	500	33 CNN	Anderson Cooper 360 (CC)				Larry King Live		Anderson Cooper 360 (CC)		Cooper 360
sports		407	419	22 RSP	MLB Baseball Seattle Mariners at Los Angeles Angels of Anaheim. (Subject to Blackout) (Live)						Sportsnet Connected (Live)		Sportsnet
		400	400	30 TSN	NFL Football: Titans at Steelers			SportsCentre (Live) (CC)		E:60		Motoring 2009	SportsCentre
		411	457	49 OLN	Ghost Hunters (CC)		Dog the Bounty Hunter (CC)		Survivorman (CC)		Ghost Hunters (CC)		Bounty Hunter
		410	403	54 SCR	College Football		Score Now		Score Now		Score Now		Final Score
		417	406	55 SC	Wrecked (N)	Wrecked	Pimp My Ride	Pass Time	Pinks -- All Out		Jacked!	Jacked!	Wrecked
		416	409	144 GLF	Fútbol						Gol TV News	Gol TV News	Gol TV News
family		552	543	25 YTV	Drake & Josh	Family Biz (N)	Malcolm-Mid.	Hates Chris	8 Rules	What I Like	Family Biz	Prank Patrol	Adrenaline
		555	545	50 TEL	Stoked	Total Drama	Majority Rules	6TEEN (N)	Futurama	King of Hill	Futurama: Bender's Big Score (2007) (CC)		
		557	541	51 FAM	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School	Cory in House	Zack & Cody
		553	546	53 TRE	Babar (CC)	Zigby	Max & Ruby	Dragon	Backyard	Ni Hao	Go, Diego, Go!	Franklin	Comfy Couch
cable variety		268	354	5 KNO	Recreat. Eden	Into the Wild	Africa "Leopards of Zanzibar"		Adventures in Architecture		Many Faces of Arnaud Maggs		Musk Ox
		575	583	20 CMT	Hope & Faith	Hope & Faith	Karaoke Star "Winnipeg"		Home Imp.	Home Imp.	Reba (CC)	Reba (CC)	Hope & Faith
		570	580	24 MM	Dance	Born to Be	One Tree Hill (CC)		So You Think You Can Dance Canada Top 18. (CC)				Dance
		600	564	29 H&G	House	House	Holmes on Homes (CC)		Disaster DIY	Big Amazing	Handyman Superstar		House
		615	520	31 A&E	The First 48 "Caught Up"		Crime 360 (N) (CC)		The First 48 (CC)		The First 48 "Blackout" (CC)		The First 48
		628	584	32 SPKE	(6:00) TNA Wrestling (N)		Surviving Disaster "Fire"		MANswers	GameTrailers	MANswers	MANswers	TNA Wrestling
		521	560	34 TLC	LA Ink "Outside Interests" (N)		Police Women of Broward		LA Ink "Outside Interests"		Police Women of Broward		LA Ink (CC)
		616	522	39 SHO	The Outer Limits "The Nest"		Da Vinci's City Hall (CC)		The Best Years		Bones "The Girl in the Fridge"		NCIS "Cloak"
		620	523	40 BVO	(6:00) Where the Truth Lies		Law & Order "Renunciation"		Without a Trace "Requiem"		Where the Truth Lies ★★ (2005) Colin Firth		
		601	562	41 SLC	X-Weighted "Kendra" (CC)		ET Canada	What	Biggest Loser Australia (CC)		Average Joe: Hawaii (CC)		Trading Sp
		520	505	42 DIS	MythBusters "Prison Escape"		Daily Planet (CC)		9/11: Science and Conspiracy				MythBusters
		522	506	44 HIS	Ice Road Truckers		Ancient Discoveries		Underworld Histories (CC)		Life After People "Outbreak"		Zero Hour
		627	528	45 SPC	(6:00) The Scorpion King ★★		Stargate SG-1 "The Quest"		Star Trek: Next Gener.		Star Trek: Voyager (CC)		Star Trek: Ent.
		294	650	47 TBS	Must Love Dogs ★★ (2005) Diane Lane, John Cusack.				Sex and-City	Sex and-City	(:10) The Pallbearer ★★ (1996) (CC)		
		619	525	48 TROP	Seinfeld	Seinfeld	The Outer Limits (CC)		ET Canada	TV Made	Family Guy	Seinfeld	Seinfeld
		603	561	52 FN	Ace of Cakes "Baked Alaska"		Family	Family	Unwrapped	Unwrapped	Perfection	Perfection	Ace of Cakes
		-	-	53 AMC	(5:00) Patton ★★★★ (1970) George C. Scott. (CC)				The Last Hard Men ★★ (1976) Charlton Heston. (CC)				Three Kings
		626	547	57 COM	Air Farce	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	Comedy Now Dave Nystrom.		Daily Show
		320	621	60 CEN	(6:25) A Teacher's Crime (CC)		Changeling ★★★ (2008, Drama) Angelina Jolie, John Malkovich.					(:35) Snow Angels ★★★	
		581	566	101 MTV	Nitro Circus	Pranked (N)	MTV Live	After	Fantasy Fact.	Beatdown	Nitro Circus	Pranked	MTV Live
		261	394	102 V	(6:00) The Fabulous Baker Boys ★★★ (CC)			Recreat. Eden	Edward Scissorhands ★★★ (1990, Fantasy) Johnny Depp.				Paid Program
		-	-	105 MUL	Banquet	Kingdom-Wind	Vancouver	Shaktimaan	Dheeyan Ghar	Sadabahar	Connections	Desi Rhythms	Patrol World

critics'corner

The Fabulous Baker Boys
Or, "the one with Michelle Pfeiffer on the piano," as many male audience members reference this memorable 1989 comedy-drama about two Seattle lounge entertainers (Beau and Jeff Bridges) who hire a sexy vocalist (Pfeiffer) to spice up their act. It's written and directed by Steve Kloves, who later joined the faculty of the Hogwarts School of Witchcraft and Wizardry as designated scribe of the "Harry Potter" movie series. 6 PM on V

Supernatural
As a new season begins, Sam, Dean and Bobby (Jared Padalecki, Jensen Ackles, Jim Beaver) deal with the aftermath of the devil (guest star Mark Pellegrino) rising from hell. Chuck (guest star Rob Benedict) has stunning news for the brothers about the fate of Castiel (Misha Collins) in the new episode "Sympathy for the Devil." 6 PM on WGN WPX

Wines of Chile

On Sept. 28 at 6 p.m., discover the wines of Chile at a special reception at Sutton Place Hotel, followed by a winemakers' dinner at Cobre. Tickets $99. Visit ccltd.ca/winesofchile for more info. METRO NEWS SERVICES

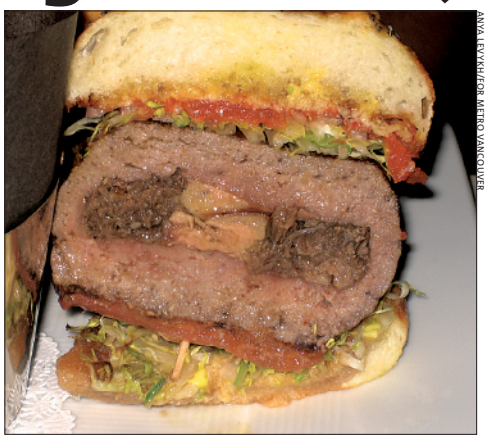
Urban Foodie

●●●●● INSPIRED; ●●●● VERY GOOD; ●●● PALATABLE; ●● HO-HUM; ● NEVER AGAIN

Rebel against rain, bring on the burger

ANYA LEVYKH
anya.levykh@gmail.com

With the sudden chill, cool gusts and return of wet, grey skies, it's time to seek comfort from grilled meat, toasted bread and greasy condiments galore. In short — the hamburger has beckoned with its juicy, siren call, and I have answered. Here are some of my top picks for ground round — or chuck, or sirloin — for grey days.



ANYA LEVYKH/FOR METRO VANCOUVER

An inside look at the DB Burger at DB Bistro Moderne.

Moderne Burger
2507 West Broadway
604-739-0005

For those who crave plain, unadorned flesh, Moderne Burger is your Mecca. Not even a pinch of salt comes between you and your AAA steak — hand-ground on the premises — just lettuce, tomato and a bun. The classic platter comes with enough cut-to-order fries for two people, so one platter and one single burger is more than enough for two healthy eaters. $7-$12 per person, depending on toppings.
moderneburger.com

Splitz Grill
4242 Main St
604-875-9711

All beef burgers seem to be pretty popular, but Splitz adds seasoning to their one-third pounders, and offers half- and full-pound options for particularly hungry patrons. Go gourmet with their free-range bison or Salt Spring lamb options — and still manage to stay around the $10 mark. For the more adventurous, try the baba ganoush with pancetta over lamb — you won't regret.
splitzgrill.com

Tomahawk
1550 Philip Ave, N. Van.
604-988-2612

It's been open since 1926, and is still run by the same family, with the same menu. Burgers are the staple, although many swear by the pies. Local, organic, free-range beef possibly makes this the most politically correct burger in B.C. — although your doctor may have something to say about toppings like wieners, egg, Yukon bacon, sautéed onions and the secret house sauce.
tomahawkrestaurant.com

DB Bistro Moderne
2551 West Broadway
604-739-7115

Chef Daniel Boulud became a New York legend thanks, in part, to his famous DB Burger. A nice tall mound of top sirloin is filled with braised short ribs and a bit of chuck, doused in black truffle, and set on a parmesan bun. For $28, you can enjoy a complete roast-beef dinner with every bite.
dbbistro.ca

Diva at the Met
645 Howe St
604-602-7788

One doesn't normally equate high-end hotel dining and great burgers, but that's because you haven't tried the DC burger at Diva. Braised short ribs, seared foie gras, wild mushroom ragout and truffle aioli make for one heady — and cholesterol-blowing — experience, but it's so worth every penny of the $36 you will gladly pay for this brunch item. I personally think the "DC" is short for Da Capo — as in, play it again and again, Sam.
metropolitan.com/diva

On the web

- Read the full article online at metronews.ca/vancouver/columnist/40411.
- Chew more on Anya's blog at metronews.ca/vancouver/blog/136310.

In brief

CORRECTION

In last week's Urban Foodie column, the food photography was courtesy of food writer and photographer Jason McRobbie. Metro did not credit the photo as such, and we regret the error.

On the web

Global Peasant:

- Travel along with Diane Thompson's culinary adventures in her Global Peasant blog. Visit metronews.ca/globalpeasant for a recipe for Leek and Potato Soup.

ADVERTISING FEATURE

Urban Eats

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cheerscatering.net

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Urban Eats runs Thursdays in Metro.

It's a boy for Nicole and Joel
Nicole Richie and Joel Madden are the proud parents of their second child, a baby boy. Sparrow James Midnight Madden, weighing 7 lbs 14 oz., was born in "the very early hours" Wednesday, and joins older sister Harlow. METRO NEWS SERVICES

Celebrity Buzz

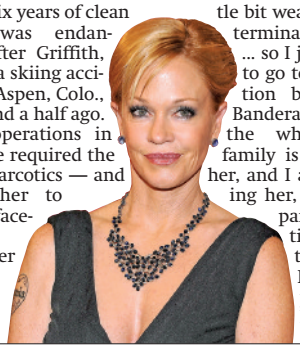
We support Melanie: Hubby Antonio

FAMILY FIRST Melanie Griffith's recent admission to a rehab clinic isn't something husband Antonio Banderas is going to sweep under the rug, people.com reports.

"It's not a rumour, but let me explain to you," Banderas, 49, told The Ellen DeGeneres Show.

"Melanie has been addicted for many years and we always came out. We said it out loud. It was OK, we were never embarrassed of the situation but what happened she was clean and sober for six years," he said.

That six years of clean living was endangered after Griffith, 52, had a skiing accident in Aspen, Colo., a year and a half ago. Three operations in her knee required the use of narcotics — and forced her to come face-to-face with her demons again.



"In March, she came to me and said, 'I'm feeling a little bit weak in my determination for this ... so I just thought to go to rehabilitation by myself,'" Banderas said. "So the whole entire family is supporting her, and I am supporting her, and at this particular time more than ever. I'm very proud of her."

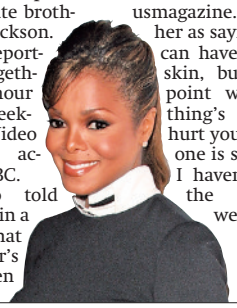
More than that, the entire family is actively participating in Griffith's rehab program.

"We have been following some type of therapy with other families," he said. "I just say to families, 'Don't get embarrassed, just confront this problem head-on. And don't hide from that because there is a beautiful gift at the end of this tunnel, and it is the person that you love back, and that is what I am searching for.'"

METRO NEWS SERVICES

Janet plans own MJ tribute

COPING Janet Jackson is finally planning a public tribute to her late brother Michael Jackson. The singer is reportedly putting together an act to honour him for this weekend's MTV Video Music Awards, according to MSNBC.



Jackson also told Harper's Bazaar in a new interview that since her brother's death, she's been unable to watch television.

"It will drive you crazy," usmagazine.com quotes her as saying. "People can have rhinoceros skin, but there's a point when something's going to hurt you. Not everyone is stone, stone. I haven't watched the news in weeks."

METRO NEWS SERVICES

Rihanna's dad disapproves of pics

PROTECTIVE PARENT Rihanna's recent steamy photo spread in Italian Vogue, including one topless picture, has been catching people's attentions. But one person not so thrilled with the images is her dad, Ronald Fenty.

"The photo was disturbing," he told Us Weekly.

He also wasn't a big fan of Chris Brown's apologetic interview on Larry King Live.

But at least Fenty has a sense of humour about it. "The costume he wore was so funny," he said. "That bow tie thing. He needs to bury that."

METRO WORLD NEWS

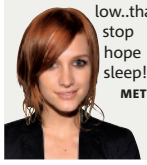
Celebrity tweets

Eddie Izzard is running all over England, Ashlee Simpson questions Ice-T's cool factor, and Kim Kardashian puts comfort over safety.

• @eddieizzard Hello Derbyshire. This is my 38th marathon, 6 maras to go before final day running in London on 15th sept

• @ashsimpsonwentz At warped tour with husband so funny the people that think ice t is cool! Wow who defines badass this is embarassing?!

• @KimKardashian How annoying is a smoke detector when the battery is low..that non stop chirp! I hope I can sleep!



METRO WORLD NEWS

Megan shows off her prudish side

A GOOD-GIRL? Megan Fox has vowed never to make a sex tape, femalefirst.co.uk reports.

The actress is convinced if she saw herself having sex and "looking like a hippo" it'd put her off making love for the rest of her life.

"That's the last thing I want to see — what I look like having sex," she said. "It would take one shot of me not looking good and I would not be able to have sex ever again, because I would always just see myself looking like a hippo having sex."

For much the same reason, Fox, 23, has also vowed never to appear naked onscreen in any of her films, and is still mortified by photos of her in a flesh-coloured suit on the set of forthcoming cheerleader-turned-killer film Jennifer's Body.

She added to MTV: "I can't ever imagine myself doing nudity in a film. It lives forever, especially now, within the Internet. I just can't."

METRO NEWS SERVICES

Kate and A-Rod team up for marriage?

THAT WAS FAST Kate Hudson has become a regular fixture at Alex Rodriguez's Yankees games in New York, but this week it was her finger that had a new fixture.

A source spotted a sparkling diamond ring on Hudson's hand at a home game as she tapped away on her BlackBerry, leading some to speculate a wedding announcement is coming up to bat, according to the New York Daily News.

Hudson's rep had no comment.

METRO WORLD NEWS

No way NFLer hit Tila, ex says

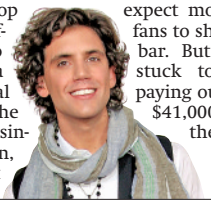
CHEERLEADER As the investigation continues into reality TV star Tila Tequila's allegations that boyfriend Shawne Merriman assaulted and choked her, the NFL star's ex-girlfriend Gloria Velez comes to his defence.

She tells TMZ Merriman "never laid a hand on me," adding that it would be "out of his character" to hit a woman.

METRO WORLD NEWS

Mika fans get one on his tab

GENEROUS When pop singer Mika offered on Twitter to buy all his fans a drink at his local pub, to celebrate the release of his new single, We Are Golden, he probably didn't expect more than 300 fans to show up at the bar. But, the singer stuck to his word, paying out more than $41,000 US to cover the tab.



METRO WORLD NEWS

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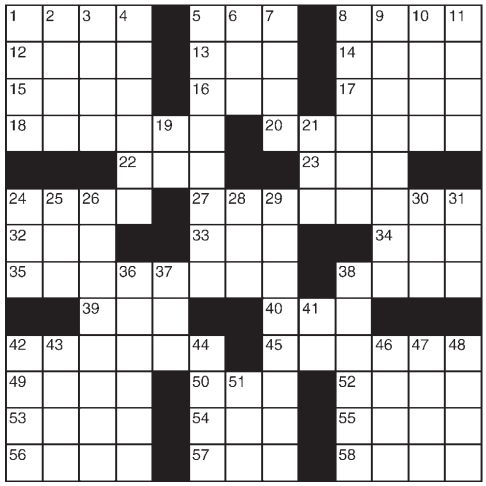


ACROSS

1 Kane's Rosebud, e.g.
5 Decline
8 Kelly or Krupa
12 Newsweek rival
13 Noon, in a sense
14 Yoked team
15 "Yeah, right!"
16 Army rank (Abbr.)
17 Raced
18 Fancy cake
20 "Star Wars" weapons
22 Pompous one
23 Up to
24 Help in wrongdoing
27 Model
32 Curse
33 Tex- — restaurant
34 Tokyo's old name
35 Champion of a cause
38 Vortex
39 Falsehood
40 River to the North Sea
42 Tristan's love
45 Bad news from the factory
49 MacDonald's place
50 Muumuu accessory
52 Buckeyes' home
53 Gratis
54 Past
55 Cavort
56 Knitting need
57 Neither partner
58 Category

DOWN

1 Unpartnered
2 Bart's sister
3 Send forth
4 Vanquish
5 "Oops"
6 Story of a lifetime?
7 Check
8 Tabloid topic
9 Made to leave
10 — -do-well
11 Remnants
19 Symbol for arsenic
21 $ dispenser
24 Mimic
25 Carton
26 Lewis or Clark
28 Foreign (Prefix)
29 Outside
30 Tack on
31 Trigger's rider
36 Rockefeller et al.
37 Actor Beatty
38 Go with
41 Northeasternmost st.
42 Questionable
43 Poet Teasdale
44 Verve
46 "Hey, sailor!"
47 Flaccid
48 Run easily
51 Id counterpart

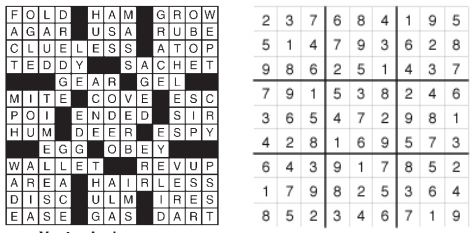
Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

	7		5		4		6	
		4	8		9	7		
3								9
		1		8		5		
8								2
		5		9		6		
5								1
		2	1		6	3		
	8		2		3		9	

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



2	3	7	6	8	4	1	9	5
5	1	4	7	9	3	6	2	8
9	8	6	2	5	1	4	3	7
7	9	1	5	3	8	2	4	6
3	6	5	4	7	2	9	8	1
4	2	8	1	6	9	5	7	3
6	4	3	9	1	7	8	5	2
1	7	9	8	2	5	3	6	4
8	5	2	3	4	6	7	1	9

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca

Metro Recipe of the Day

Tofu Satay

INGREDIENTS:
14 oz (400 g) firm tofu
1 eggplant
1 red onion
8 fresh baby corn cobs, halved on diagonal
1/2 cucumber
3 1/2 cups (875 ml) bean sprouts
2 tbsp (25 ml) unsalted peanuts

SATAY SAUCE:
1/3 cup (75 ml) crunchy peanut butter
1 tsp (5 ml) salt-reduced soy sauce
1 tsp (5 ml) honey
1 tsp (5 ml) Chinese rice vinegar or cider vinegar
1 large garlic clove, peeled
1 scallion, chopped
3 oz (90 ml) reduced-fat coconut milk
1 tbsp (15 ml) sweet chili sauce

METHOD:
1: Soak 12 bamboo skewers in cold water to prevent them from burning on barbecue or under broiler. For satay sauce, combine peanut butter, soy sauce, honey, vinegar, garlic, scallion, coconut milk and chili sauce in blender or food processor for a thick, almost smooth mixture.
2: Preheat barbecue or broiler. Cut tofu and eggplant into 1-in. (2.5 cm) cubes. Cut red onion into chunks of equal size.
3: Blanch baby corn cobs in pot of boiling water 2–3 minutes. Drain, then refresh under cold running water. Cut cucumber into thin sticks 2 in. (5 cm) long. Arrange bean sprouts, cucumber sticks and corn on large platter and scatter peanuts over top. Set aside while you cook tofu and vegetable skewers.
4: Thread tofu, eggplant and onion onto soaked skewers, spacing pieces slightly apart. Place on foil-lined grill tray. Brush with some satay sauce, then broil (or barbecue) 10–12 minutes, turning skewers frequently and brushing with sauce. Gently heat remaining satay sauce in small pot or in dish in microwave until warm.
5: Set skewers of tofu satay atop salad, spoon remaining satay sauce over top and serve immediately.

SERVES 4

rd.ca
For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES
MARCH 21-APRIL 20
If you are up front and honest with other people today they will be up front and honest with you.

TAURUS
APRIL 21-MAY 21
You may be planning a change in your work or your daily routine but with Mercury now moving retrograde it might be wise to hold fire on the idea.

GEMINI
MAY 22-JUNE 21
Your mind may be full of big ideas at the moment but you are advised not to take them too seriously, at least not for now.

CANCER
JUNE 22-JULY 22
The message of the stars for Cancer today is that you are allowing your thoughts a free rein.

LEO
JULY 23-AUG 23
You may not agree with the path that a friend or a relative has chosen to follow but you have no option but to accept it.

VIRGO
AUG 24-SEPT 22
No matter how cautious a Virgo you may be by nature you are in the mood to take risks today.

LIBRA
SEPT 23-OCT 23
Because mind planet Mercury is now moving retrograde through your birth sign you must make sure that everything you do is built on facts.

SCORPIO
OCT 24-NOV 22
Is your mind playing tricks on you? It certainly looks that way. Pluto, your ruler, endows you with an envious ability to see further and deeper.

SAGITTARIUS
NOV 23-DEC 21
You've had your suspicions that someone you thought you could trust has been telling you lies and what happens today will confirm it.

CAPRICORN
DEC 22-JAN 20
You will find it easy to get through to employers today but because of Mercury you would be wise not to tell them too much.

AQUARIUS
JAN 21-FEB 18
It seems like the more you expect of other people the less they deliver and the more disappointed that makes you.

PISCES
FEB 19-MARCH 20
A money matter may demand your attention but the planets warn if you act in haste you will do more harm than good.

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TEST YOUR ONLINE INVESTING KNOWLEDGE AND KEEP SCORE!

1) What is a stock market? *2 points*
a. An exchange where investors trade securities
b. A market for various types of company products and inventory
c. A market where big investment banks come to hire their professionals

2) Which of the following is a major North American stock market? *2 points*
a. The Great Canadian 50
b. The Nikkei
c. The NASDAQ

3) Monique contributes 15% of each paycheque to her RRSP and diversifies her investment among different asset classes. Monique utilizes which investment principle? *3 points*
a. Dollar cost averaging
b. Tax-deferral
c. Asset allocation
d. All of the above

4) Which of the following statements about a Registered Retirement Savings Plan (RRSP) account is FALSE? *2 points*
a. The principal and interest/investment income earned in an RRSP account are not taxable to the investor until the money is withdrawn for income
b. The Home Buyers' Plan (HBP) allows you to withdraw up to $25,000 from your RRSP ($50,000 for a couple) to buy or build your first home
c. Only individuals over 65 years of age can open an RRSP account

5) The right to buy a specific quantity of stock at a pre-determined price before a particular date in time is called: *3 points*
a. A purchase right
b. A call option
c. A put option

6) The best way to begin building an investment portfolio is: *3 points*
a. To purchase securities from a minimum of three and a maximum of six countries
b. To determine a target asset allocation based on your risk tolerance and financial goals
c. To allocate over 80% of the portfolio to illiquid investments such as private equity and real estate

7) What term describes a company that raises financing for the first time by selling an equity stake in itself to the investor community? *2 points*
a. A subordinate share exchange
b. A distressed debt sale
c. An initial public offering (IPO)

8) An investment in a mutual fund allows an investor to achieve all of the following benefits, EXCEPT: *3 points*
a. Guaranteed returns in excess of the returns on a benchmark index
b. Diversifying among many different securities
c. Managing and rebalancing between sectors and asset classes at the portfolio manager's discretion

9) A lower-cost investment that allows an investor to replicate the performance of an index without having to physically trade all of the securities that comprise that index is called: *3 points*
a. A high-interest savings account
b. An inflation-linked note
c. An index Exchange Traded Fund (ETF)

10) What is the best way that investors can educate themselves about the markets and investing? *2 points*
a. Read market trends and commentaries and research individual companies and sectors
b. Use online learning resources like the ones available through RBC Direct Investing including our tailored learning plans that offer something for every level of investor – whether you're experienced or just starting out
c. Opening up an online practice account in order to practice online investing without the risk of using real money
d. Doing all of the above for FREE with RBC Direct Investing Practice Accounts!

Answers: 1(a), 2(c), 3 (d), 4(c), 5 (b), 6(b), 7(c), 8(a), 9(c), 10 (d)

How did you score?

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10 - 19 **Very good level of investment knowledge! You have a strong command of investment fundamentals and product types. You can learn more about more complex products like ETFs and mutual funds and begin building practice portfolios with RBC Direct Investing Practice Accounts.**

0 - 9 **You are just getting started in the world of investments. An RBC Direct Investing Practice Account can help you build your investments knowledge so you will be confident to take on the world of self-directed investing.**

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